



JUG & MUG SKI CLUB



The Journal

March 2016

www.jugandmug.org

Hot Line 517-342-9955

GENERAL MEETINGS are held the third Tuesday of each month. The next general meeting will be March 15 at **Tripper's, 350 Frandor Avenue, Lansing**. Social hour begins at 6:30 pm, with the meeting starting at 7:30 pm. You are invited to stay after the meeting for drinks and socializing.

COUNCIL MEETINGS are held on the second Tuesday of the month at 6:30 pm. This month, the meeting will be March 8 at 410 South Cedar Street, Lansing. Contact Bilkly Joda-Miller at least three days before the meeting if you have an agenda item for the council. Members are welcome at any meeting; feel free to see your council at work.

Upcoming Activities

CEDAR BEND, MARCH 4-6, 2016 About 20 Jug & Mug members and friends will be spending a fun-filled weekend in a lovely rustic lodge in Mancelona at Cedar Bend Farms. Weather permitting, we will enjoy cross-country skiing, snow-shoeing and tubing on the property, or at Cedar River by Schuss/Shanty Creek resort, and downhill skiing at Schuss/Shanty Creek, Boyne Mountain, or Boyne Highlands, all within a 20 minute drive. Casinos are also nearby. The trip will include two nights of lodging, Friday night welcome party, Saturday breakfast, lunch and dinner, and Sunday breakfast. This is a very fun and relaxing weekend and you don't even have to ski. Bring board games, music, books, or anything relaxing you can think of. The cost is \$65.00 for members and \$75.00 for non-members. If you have any questions about the trip, call or email Helen Ross at 203-997-2275 or hall_family@hotmail.com.

DETROIT RED WINGS HOCKEY, MARCH 10 Here's your chance to see this winning team in action against the Winnipeg Jets at "The Joe" (aka Joe Louis Arena) in Detroit. Hockey fans will be transported by chartered bus that leaves at 4:30 pm from Dunham's, 3301 East Michigan Avenue, Lansing, near Frandor. Please note: the bus waits for no one! Be on time! A few tickets are available at \$69 a person and includes your game ticket, the bus ride, pizza (on the bus) and other goodies. Contact Keith Hines at keith5522@aol.com or 712-5624, or Kurt Mertins, at kmertins@hotmail.com or 886-4061.

ST. PATRICK'S DAY PARTY, MARCH 12 Celebrate St. Patrick's Day with an Irish "Potato Party" at the home of Sharon Gaier, 5915 Patriots Way, East Lansing, MI 48823, anytime after 6:00 pm. Bring an unbaked potato (regular or sweet), a dish to pass, your own beverage, and a \$1 for the kitty. Sharon will provide a variety of tasty toppings to go with your potato. There will be Irish music, cards, games, good food and friendship with your Jug & Mug friends. Call Sharon at 316-6525 or 333-2624 with any questions.

DINNER AND A MOVIE, MARCH 19 Meet at The Cosmos, 611 East Grand River Avenue, Lansing at 6:30 pm. The restaurant has rapidly developed a good reputation. We will possibly go to NCG for our movie. Don't forget to call or email Bilkly Joda-Miller at 517-256-6596 or bilkylj@yahoo.com by March 17 if you plan to join us for dinner.

METROPOLITAN DETROIT SKI COUNCIL (MDSC) TRAVEL EXPO, MAY 5 Want to run a trip? Have no idea where to go or what to do? The MDSC Travel Expo is a great place to start. Resorts, retailers, and tour providers from the United States, Canada, and Europe are scheduled. Local metro ski areas and ski shops are expected to be there as well. The expo is at the Doubletree Hotel in Dearborn, 5801 Southfield Service Drive, Detroit, MI 48228, from 6:00 - 8:30 pm. Hors d'oeuvres and a cash bar will be available. If you have any questions, please contact Teri Miller at 517-699-2969 or tmclocks@hotmail.com.

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Council Column

Dear Friends:

I am sitting here today, a beautiful sunshiny day. It is 60 degrees and makes me long for warm weather.

It has been a pleasure to work with a number of my colleagues on council, such as Linda, Sharon and Orestes. I especially enjoyed the Christmas Party and also interviewing the DJ.

I plan to host a Summer Solstice Zodiac Party in June. I held a zodiac party in 2014 and we had a great turn-out. Let's get together and have a good time. June will be here before we know it.

Dale Trew

Men's Council

FREE APPETIZERS

at our March General Meeting!

Be sure to be there for our March meeting, and bring all your single friends! We're ramping up our outreach for New Members and our annual membership renewal in May. Don't forget . . . if a member brings a guest who has never been a Jug & Mug member, that member will get a \$5 voucher for every guest to be used toward any Jug & Mug activity in the next year. If their friends join, they will also get a \$5 voucher. We are at the reduced rate of \$18 at this time, and your friends will be eligible to save \$6 on their renewal for 2016-2017, which, in effect, only costs them \$12 for this last quarter of this year. And then, they can sign up for activities at the member rate which often saves even more. As an example, the Cedar Bend trip offered an early deadline which saved members an additional \$5 plus the \$10 saved over the non-member rate, or a \$15 savings. So, bring your friends, and we'll all have fun, and **Free Appetizers** during the social hour!

2015-2016 Council

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ONGOING EVENTS

TCIF — Join us for happy hour every Friday from 5 to 7 pm. Happy hour in March will be at the Eastwood Mall. March 4 and 11 will be at Champps which has drinks specials and half off some appetizers until 6 pm. Then March 18 and 25 we will be at the Claddagh Irish Pub. During Lent they have six fish or seafood dishes added to their menu that look amazing!

We will be at the Lansing Brewing Company April 1 & 8 and Art's Bar on April 15, 22, and 29. Please join us for any or all of the above happy hours. We have been seeing around 20 per week so join in the fun!

Linda Lillie is our happy hour coordinator. If you have any suggestions for happy hour locations, contact Linda at 290-0189 or LMLillie@gmail.com.

Jug & Mug Book Club -- The Jug & Mug book club gets together every 6 weeks or so to discuss the book we have chosen at the previous meeting. We munch on a snack or two, have a glass of our favorite beverage, and chit-chat a bit before discussing the book.

We are currently reading **Brooklyn: A Novel** by Colm Tóibín. This book (recently made into a motion picture) is about a young Irish immigrant in Brooklyn in the early 1950s. Eilis Lacey has come of age in small-town Ireland in the hard years following World War II. When an Irish priest from Brooklyn offers to sponsor Eilis in America, she decides she must go. In Brooklyn, she gets a job in a department store, but grieves from homesickness when she receives letters from Ireland. The story tells about how she slowly changes and puts down roots in her new home.

Everyone is welcome at our next meeting at 6:00 pm on March 13 at the home of Helen Ross, 1401 Somerset Close Street, East Lansing. If you are interested in being included on the book club notification list, please contact Helen Ross at 332-5595 or hall_family@hotmail.com.

Sing A Long — Don Johnson will be hosting the March 22 Sing A Long. Join the singers at 1306 Chartwell Dual Carriage Way, East Lansing, for an uplifting song fest. Arrive anytime after 7:30 pm. Bring a beverage and/or a snack to share. Don't forget your singing voice. Plan on a relaxed "good for the soul" evening filled with music. Contact Don at 351-4997 with any questions. To volunteer your home for a future Sing A Long, contact Diane West at 810-687-7007 or westdance@att.net.

Singing at Burcham Hills — We will be singing at Burcham Hills on Sunday, March 20, downstairs in the Whitehouse Room, at 7:00 pm. Join us; we sing familiar songs and music sheets are provided. It is a pleasant hour and the senior residents love our participation. It is a great opportunity to feel good about helping others. For more information, contact our music coordinator, Diane West, at westdance@att.net or 810-687-7007.

Social Tennis — We are playing indoors on Wednesday evenings at the MSU Tennis Facility. If you wish to play at other times or days, please contact Rich Rybicki at richrybick@yahoo.com or Oren Christmas at christmaso@comcast.net. They can add you to the email list or answer your questions. The email list is the place to be for regular tennis updates.

Movie Matinee — Do you enjoy watching the latest movie release? Join an informal group to see all the newest shows on Thursday afternoons at NCG Theatre, Eastwood Towne Center. Joanne Creede will send out an email on Friday (sometimes later) listing the movies and the time, *usually* the last showing prior to 6:00 p.m. Vote for your choice via email and Joanne will send out an email on Wednesday stating the movie choice and the time. We often go out for a bite to eat afterward and discuss the movie, and other subjects. The cost of the movie is \$5; everything else is optional. Contact Joanne at kayjoe@comcast.net to get on the email listing. If you don't have email, you can still attend the movies with us. Call Joanne after 8:00 pm on Wednesday at 285-4795 to find out the selected movie and viewing time.

Walking the River Trail — Join us every Monday and Wednesday at 410 South Cedar, Lansing, at 6:15 pm for a walk on the River Trail. We walk four miles, to Potter Park Zoo and back. You get beneficial exercise and it may help you shed a few of those excess pounds. Daylight saving time begins in March. Let there be light! We all love the sunshine. Put on your walking shoes, hat and mittens if temperatures require, and join us, laugh with us, and enjoy the outdoors. Call Joanne Creede at 285-4795 or Bonnie Mernitz at 449-6368 with any questions.

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>River Walk Tennis</i>	3 <i>Movie Matinee</i>	4 <i>Cedar Bend TGIF, Champps</i>	5 <i>Cedar Bend</i>
6 <i>Cedar Bend</i>	7 <i>River Walk</i>	8 <i>Council Meeting</i>	9 <i>River Walk Tennis</i>	10 <i>Red Wings Movie Matinee</i>	11 <i>TGIF, Champps</i>	12 <i>Zodiac Party</i>
13 <i>Book Club</i>	14 <i>River Walk</i>	15 <i>General Meeting</i>	16 <i>River Walk Tennis</i>	17 <i>Movie Matinee St. Patrick's</i>	18 <i>TGIF, Claddagh</i>	19 <i>Dinner & a Movie</i>
20 <i>Burcham Hills</i>	21 <i>River Walk</i>	22 <i>Sing A Long</i>	23 <i>River Walk Tennis</i>	24 <i>Movie Matinee</i>	25 <i>TGIF, Claddagh</i>	26
27 <i>Easter</i>	28 <i>River Walk</i>	29	30 <i>River Walk Tennis</i>	31 <i>Movie Matinee</i>		

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 TGIF, Lansing Brewing	2
3	4 <i>River Walk</i>	5	6 <i>River Walk Tennis</i>	7 <i>Movie Matinee</i>	8 TGIF, Lansing Brewing	9
10	11 <i>River Walk</i>	12 <i>Council Meeting</i>	13 <i>River Walk Tennis</i>	14 <i>Movie Matinee</i>	15 TGIF, Art's Bar	16 <i>Dinner & Movie</i>
17 <i>Burcham Hills</i>	18 <i>River Walk</i>	19 <i>General Meeting</i>	20 <i>River Walk Tennis</i>	21 <i>Movie Matinee</i>	22 TGIF, Art's Bar	23
24	25 <i>River Walk</i>	26 <i>Sing A Long</i>	27 <i>River Walk Tennis</i>	28 <i>Movie Matinee</i>	29 TGIF, Art's Bar	30

Upcoming Activities

(Continued from page 1)

PLANT EXCHANGE/ZODIAC PARTY,

MAY 21 This favorite annual event will include a canoe float, plant exchange, barbeque and fireworks. More details will be available later. Save the date!

ALASKAN CRUISE, MAY 29-JUNE 5,

2016 Time has run out to secure the best price for a seven night cruise to see some of the most extraordinary stops along Alaska's Inside Passage and coastline. If you are interested in going, contact Joanne Creede at 285-4795 or kayjoe@comcast.net or Bilky Joda-Miller or bilkyj@yahoo.com at 256-6596. We can give you the options for a memorable cruise that starts in Vancouver, British Columbia, sailing through the Inside Passage, with stops at Icy Strait Point, Juneau, and Ketchikan, including a cruise past the Hubbard Glacier. A trip of a lifetime!

GOLF OUTING, AUGUST 15 - 17 A golf outing at Boyne Mountain is presented by Somerset Social, Ski, and Golf Club and Metropolitan Detroit Ski Council (MDSC). The package includes 2 nights lodging, 2 rounds of golf with cart, unlimited range balls, free bag storage, \$25 gaming voucher for Odawa Casino, and more. Member price is \$275, non-members price is \$315 (Jug & Mug members pay member price). A \$50 deposit is non-refundable. Contact Jim South at 248-229-9390 or sssgc@att.net or get more information at www.mdscski.org (golf outing) for the flyer.



\$10.00 off your next massage.
Call Bilky to schedule your massage.

Bilky Joda-Miller
All Body Kneads LLC
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Suite 102
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Singlehood in America.

Excerpted from article by *Bella DePaulo*

Have you heard the one about how getting married makes people happier, healthier, less self-centered and less isolated? I have. I even believed it for a while, even though I've lived single all my life and never wanted it any other way. I just figured I was the exception.

Then, nearly two decades ago, I started studying single life rather than just practicing it. I looked up the original research reports and scrutinized them. I was stunned by what I found.

What the research actually shows is that our conventional wisdom about single people can be spectacularly wrong. For example, the belief that single people are isolated and "don't have anyone" is so pervasive that the word alone is routinely used as a synonym for single. Yet multiple national surveys have shown that single people are more likely to support, visit, advise and stay in touch with their parents and siblings than are currently married or previously married people. They have more friends, and they are also more likely to socialize with, help, and encourage their friends and neighbors. Research that follows people over time finds that people who get married typically become more insular than they were when they were single, even if they don't have kids.

Single people are stereotypically the self-centered ones, yet research begs to differ: When elderly parents need help, it is their single grown children who are more likely to be there for them. That's true whether the kids are black or white, or sons or daughters. A study from the Journal of Marriage and Family also found that when it comes to providing for another person the kind of intensive help that goes on for three months or more, it is again single people who step up to do it, whether the person in need is a relative or not.

The special strengths of single people are particularly remarkable in light of the many ways single people are stereotyped, stigmatized, discriminated against and ignored. Advocates of same-sex marriage have expressed frustration with federal laws that benefited and protected only those people who are legally married (there are more than 1,000 of these protections). But single people of all sexual orientations are still locked out of all of that largesse. Married people get the privileges, the perks and the protections, and yet many single people are thriving nonetheless. Plenty of single people are remarkably resilient.

I defend single people because we are relentlessly demeaned by myths and pseudoscientific claims that say our lives are second-rate. But I'm not advocating singlehood for all. Some people live their best lives married, and others find more meaning and fulfillment in single life. This is the 21st century. We don't all have to choose the same life path.

Past Activities

FREE SKI DAY, FEBRUARY 4 Three Jug & Mug members attended the "Free Ski Day" provided by Andrew Kwang and Vail Resorts at Mt. Brighton. Ron Glowzinski, MDSC President, coordinated the event. Lunch was provided and a good time was had by all. Good day for practice and working on skills since there were few skiers. Thank you. Andrew and Vail Resorts!



Mary Stephens

DINNER AND A MOVIE, FEBRUARY 13 We met at Ruby Tuesday, eleven of us. We enjoyed our meals and the company was great. We narrowed the movies down to two but ended up with only two people going to the movie "How to Stay Single." The other movie was not attended because of the time it started and the rest of us pooped out. It had been a long day for us and we didn't have the energy to wait until the time our preferred movie started.

Thanks to those who attended and hope you will join us in March at The Cosmos in Old Town.

Bilky Joda-Miller

UP NORTH WEEKEND, FEB 18-21 It was an excellent weekend of fun and activities for a group of 12 who ventured north and stayed at the Crooked River Lodge in Alanson. Most arrived Thursday. Even though there was some rain and warm weather, downhill and cross country skiing was good. Friday, Lisa and Sharon checked out Harbor Springs Vineyards & Winery at Pond Hill



Farm where they did wine tasting, ate lunch, and cross country skied. It's a "definite to do" place again! Rich skied Nubs Nob and several attendees cross country skied on the Lodge property. Saturday,

downhill and cross country skiers went to Boyne Highlands. The skiers tubed down the hill and after lunch braved the zip line. The swimming pool, hot tub and games of pool were enjoyed throughout the weekend. Special thanks to co-chairs Lisa Martin who provided ski and rental costs and Tom Sarra for organizing and hosting Friday's Welcome Party.

Sharon Roberts

ZODIAC PARTY, FEBRUARY 27

Everybody had a great time at the Zodiac party on Saturday night. The roads were okay and about 17 hardy souls ventured out after 12 inches of snow closed schools for two days. We all enjoyed Connie's yummy Mexican casserole, Melissa's & Helen's cheese dips, Linda's tossed salad with homemade dressing, and Teri's foamy green dessert. Nobody watched TV or played cards; we just talked and laughed for hours and hours! Thanks to all who made this an extremely fun evening.

Joyce Hensley

New Members

Susan Ernst
8522 West Mead Road
St. Johns, MI 48879
989-682-4040 (h)
989-682-0511 (c)
suesandra7@gmail.com

Ellen Whipple
2007 Osage Drive
Okemos, MI 48864
517-974-7412
whipple@msu.edu

Melissa Pearson
P O Box 2
Chesaning, MI 48616
989-640-2755
spartanmelissa@yahoo.com



Voice of Jug & Mug Needed

The Jug & Mug Hotline volunteer is moving on and we are in need of a replacement to update the hotline each month. The hotline message reflects the monthly happy hour locations, the general meeting information, and other pertinent news. John Albright has offered to work with a volunteer to teach them the ropes. It can be a man or a woman, and only takes a short time each month. Contact John at 484-2836 or any council member to offer your time and talent.

2016/2017 Council Nominations

It's time to start thinking of the nominations for the 2016/2017 Jug & Mug Council. We need people to volunteer to serve on the council, help steer the club and make decisions regarding the direction of the club. Please consider putting in some time and helping the club continue to bring you the trips, outings, and opportunities to socialize and spend time with friends. The council is ready to serve you and needs your help to provide those opportunities.

Next month we will start nominating people to the council. Someone might approach you to see if you would volunteer to serve. Please consider accepting. Without volunteers, we don't have a club. Help keep our club strong.

Bilky Joda-Miller
President

Jug & Mug March Birthdays

3/04	Carolyn Tody
3/07	Gerald Blanchard
3/08	Ralph VanderVlugt
3/20	Don Vanacker
3/25	Susan Ernst
3/27	Lorinda Tait
3/31	Mary Camp
3/31	Mary Jo Powell

Free birthday deals: Check it out!
[http://dealseekingmom.com/
birthday-freebies-clubs-specials/](http://dealseekingmom.com/birthday-freebies-clubs-specials/)

March 2016 Singles Dance Events

Carolyn Tody 402-3224 or carley1t@sbcglobal.net

Ballroom, Swing & Nightclub

Tomlian Ballroom Dance ~ 2nd Saturday, February 13 ~
Lansing Christian Church, 6300 South Aurelius ~ 7 pm
Lesson \$5, Dance 8-10:30 pm. \$12. Info: 517-655-3611,
tomliandance.com.

Great Lakes Swing Association ~ Wednesdays at Roll-
haven of Flushing, east of Flint, 3464 Ann Drive off
Pierson Road - west of I-75 just east of Elms Road.
Lesson 6 pm, Dance 7-10 pm. Nightly rate & member-
ship: \$30. Info/map: <http://www.glsdc.org/>.

Lansing Eagles Capitol Area Sunday Swing ~ Most
Sundays at the Eagles Club, 4700 North Grand River. 6
pm lessons, 7-10 pm dance. Admission \$8 or \$10 with
lesson. Dances are subject to occasional cancellation.
Info: Mike 517-490-7838, or Joann P. 810-691-2719.

USA Ballroom & Swing Dance ~ New dance classes start
April 11 Central United Methodist Church, 3rd floor, 215
N. Capitol. 7:15 pm Info: usadance2037.org.

Freestyle, Salsa, Country, Contra & Square

TGIF Party ~ Fridays nights at Hawk Hollow Golf Club. 7:30
pm-midnight. \$13.

Greenville Casual Singles Dance ~ Saturday, March 12 &
26, 7 pm-12 at the Greenville American Legion: \$7.

Ten Pound Fiddle Contra & Square Dance ~ Saturday,
March 5. Central United Methodist Church, 215 North
Capitol, Lansing. <http://TenPoundFiddle.org>.

Lincoln Country Club/Rivertown Singles ~ Sundays, 6:30-
11 pm at 3485 Lake Michigan Drive NW Grand Rapids.
RivertownSingles.com.

Salsa Capital ~ Friday, March 11 & 25, AA Creative Corridor,
1133 South Washington Ave, Lansing, MI United States,
8:15 Intermediate Salsa, 8:45 Beginner Salsa, dance
9:15-12. \$5. Info: Bryan G. at 517-230-9018,
www.facebook.com/groups/470309133043097.

Whiskey Barrel Saloon - Wednesday nights 7:30-9:30 pm
Beginner Line Dance Lessons. Info: 517-351-5690
www.whiskeybarrelsaloos.net.

Looking Glass Music & Arts ~ Saturday, March 19. Central
United Methodist Church, 215 North Capitol. Info: [http://
lgmaa.org/](http://lgmaa.org/).

Group Lessons (Private Lessons also available)

Parkwood YMCA ~ Register: 517-827-9680.

Dewitt YMCA -13161 Schavey Rd, DeWitt. Registration:
517-827-9660.

Michigan Athletic Club ~ Register: Concierge 517-364-
8800.

Lansing Parks & Recreation ~ Info: 517-483-4277 or
www.lansingmi.gov/parks/actprog/dance_classes.jsp

Lansing Eagles Club ~ Lessons precede dance. Info: Mike
517-490-7838.

General Information

Lansing ~ <https://www.facebook.com/groups/140480982080/>
Ann Arbor ~ [https://www.facebook.com/
groups/139176727753582/](https://www.facebook.com/groups/139176727753582/)

Howell ~ www.sharkclubhowell.com/entertainment

Flint ~ <http://www.danceaway.com/>

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Hotline: 517-342-9955
Web site: jugandmug.org
<http://www.facebook.com/Jug-Mug-Ski-Club/>

Upcoming Events

March 4-6	Cedar Bend
March 10	Hockey Game
March 12	Zodiac Party
March 19	Dinner and a Movie
April 16	Dinner and a Movie
May 5	MDSC Travel Expo
May 21	Plant Exchange/Zodiac Party
May 29-June 5	Alaskan Cruise
June 24	Lugnuts Game
July 22-24	Mackinac Island
August 15-17	MDSC Golf Outing

Join us for the General Meeting at
Trippers
See Page 1 for details

Metropolitan Detroit Ski & Snowboard Club

YOUR JUG & MUG MEMBERSHIP
ENTITLES YOU TO THE BENEFITS OF
OTHER SKI/SOCIAL CLUBS. THE WEB SITE
(WWW.MDSCSKI.ORG) LISTS CURRENT
EVENTS AND AFFILIATED CLUBS. CALL
OUR MDSC
REPRESENTATIVE,
TERI MILLER, AT
517-699-2969
FOR MORE
INFORMATION.

