



JUG & MUG SKI CLUB



The Journal

February 2015

www.jugandmug.org

Hot Line 517-342-9955

GENERAL MEETINGS are held the third Tuesday of each month. The next general meeting will be February 17 at **Tripper's, 350 Frander Avenue, Lansing**. Social hour begins at 6:30 pm, with the meeting starting at 7:30 pm. You are invited to stay after the meeting for drinks and socializing.

COUNCIL MEETINGS are held on the second Tuesday of the month at 6:30 pm. This month, the meeting will be February 10 at 410 South Cedar Street, Lansing. Contact Sharon Roberts at least three days before the meeting if you have an agenda item for the council. Members are welcome at any meeting; feel free to see your council at work.

Upcoming Activities

SUPER BOWL PARTY, FEBRUARY 1 It'll be the Seattle Seahawks versus the New England Patriots — again! — at the University of Phoenix Stadium in Glendale, Arizona, for Super Bowl XLIX. If you're not going to sunny Arizona to watch the game, come join your J&M friends at the home of Tina Lonski and Keith Hines, 6084 Harkson Drive, East Lansing, 5 p.m. Get in the NFL spirit and dress in your favorite NFL team's colors and gear — whether or not your team is in the Super Bowl! Prizes for Best Fan Costume (male), Best Fan Costume (female), Funniest Costume, and/or Weirdest Costume. Bring your own beverage and something to share. Text or call Tina with questions, 388-1040 or email grandma.tina@yahoo.com.

SPARTAN HOCKEY, FEBRUARY 13 Twenty Jug & Muggers will join the excitement of college hockey; not a bad seat in the house. Meet at Art's Bar for Happy Hour and carpool to the game. If you have any questions, contact Dave Howe at 316-6488. Due to the high interest, Dave will make arrangements for the club to see another game or two next season.

CROSS COUNTRY SKIING, FEB. 15 The weather did not cooperate last month but we will try again to cross country ski at Burchfield Park, 881 Grovenburg Road, Holt. Burchfield has rental skis available, but arrive early if you need fitting. An excellent place for those who have never cross country skied because part of the property is level. Please arrive in time to hit the trail at 1:00 pm. There is a vehicle fee for entry to the park of \$3.00, or an annual Ingham County Parks sticker,

and a rental fee for your skis if you rent. The afterglow will be at Buddies Grill, 2040 Aurelius Road, Holt at 3:00 pm. Please contact Joanne Creede at kayjoe@comcast.net or 285-4795 if you have questions.

A list of skiers will be published on the Jug & Mug web site under the member's page. If we get a good snow and you want to go skiing, downhill or cross country, you can contact one or more members on the list to join you.

PURPLE ROSE THEATRE, FEBRUARY 21

See what the Critics have to say: *EncoreMichigan-Theater* by John Quinn: "Shrinking violets need not apply."

Ann Arbor News entertainment reporter - Jenn McKee: "Steel Magnolias" will steal your heart."

Don't miss out on this one! It's called a dramatic comedy or a comic drama.

Those who signed up for this great play at the Purple Rose Theatre, Chelsea, can meet at the Okemos Park & Ride at 1:00 pm if you want to carpool to the 3:00 pm performance.

We plan to meet in the theatre lobby by 2:40 pm to receive your ticket. Afterward, join us for dinner at Smoke-house 52 BBQ or the Common Grill, your choice of formal or casual dining. If you

missed the deadline and still want to attend or if you have questions, contact Bobbie Black at 282-0111. She will see if she can still get you a ticket for the low price of \$33. But the longer you wait, the less chance you have to see the play with your Jug & Mug friends.



(Continued on page 5)

President's Column

Hello Everyone,

The holiday season is over and the yearly February Super Bowl Party is the first of February. Again, Tina has offered to organize a fun-filled social gathering for the members. If you have never attended, consider it. Bring a snack and wear your favorite team's apparel for the contest. See jugandmug.org for driving directions and information. Don't forget to contribute to the jar to help cover the host's expenses. Also, see the newsletter for a list of upcoming events.

I want to express heartfelt thanks to those who have served on council, committees, non-council positions and activities. Without your assistance, we could not have accomplished what has been done for the membership.

If you did not attend January's general meeting, it was announced that elections for council are approaching. I also announced that I would not be running for President. It is time for someone else to bring new ideas to the Club and continue to move it forward. Several ideas I goaled to accomplish and we did was move the meeting from Reno East to a quieter environment (Trippers), create a new updated website and redesign the activity forms. I will continue being involved with photos, website, activities and serve as advisor to the new president. It has been a rewarding learning experience as well as meeting wonderful people and making new friendships.

Please, consider serving when you are contacted. Or better yet, ask questions, seek answers and volunteer. As a Council member, you will have the opportunity to take part in the decision-making process related to membership, activities, trips, expenses and more. **This is a volunteer organization that exists only because of volunteers.** Even though someone else may be doing what you would be interested in doing, talk with that person, as they may be ready to pass on that job to you or include you.

Reminder that at February's general meeting the Council will be promoting new membership signups for \$18 for the remainder of the year, May 31. Bring an interested friend. Appetizers will be served at this meeting.

Sharon Roberts
President

Change has a bad reputation in our society. But it isn't all bad – not by any means. In fact, change is necessary in life – to keep us moving ... to keep us growing ... to keep us interested. ...Imagine life without change. It would be static ... boring ... dull.
Dr. Dennis O'Grady, in Bottom Line - Personal

2014-2015 Council

President

Sharon Roberts
517-230-5357
sharonann48@hotmail.com

Vice President

Linda Lillie
517-290-0189
LMLillie@gmail.com

Secretary

Helen Ross
517-332-5595
hall_family@hotmail.com

Treasurer

Rich Rybicki
517-663-1854
richrybick@yahoo.com

Women's Council

Diane Fawley
517-647-4908
fawleydr@yahoo.com
Janice Pierce
517-694-4428
janicepier@netzero.com

Men's Council

Dave Howe
517-316-6488
davehow_48879@yahoo.com
Dave Panetta
517-230-0413
davidpanetta2@gmail.com
Orestes Mavromatis
517-349-4553
omavroma@yahoo.com

Past President-Advisor

Helen Ross
517-332-5595
hall_family@hotmail.com

Newsletter Editor

Joanne Creede
517-887-0441
kayjoe@comcast.net

MDSC

Teri Miller
517-699-2969
tmclocks@hotmail.com

Web Administrator

Helen Ross
517-332-5595
hall_family@hotmail.com
Sharon Roberts
517-230-5357
sharonann48@hotmail.com

ONGOING EVENTS

TGIF — Join us in February for happy hour at Art's Bar, 809 East Kalamazoo Street, Lansing. March's happy hour will be at Tony M's, 3420 South Croyts Road, just a mile south of I-96.

Janice Pierce and Bobbie Black will be coordinating our happy hours for the next few months. If you have any suggestions, contact Janice at 694-4428 or janicepier@netzero.com and Bobbie at 282-0111 or [bibtweeter@yahoo.com](mailto:bbtweeter@yahoo.com).

Sing A Long — Join us on February 24 at the home of Sue Macias, 1312 Chartwell Dual Carriage Way, East Lansing, for an uplifting song fest. Arrive anytime after 7:00 pm. You are encouraged, but not required, to bring a beverage and a snack to share. Don't forget your singing voice. Plan on a relaxed "good for the soul" evening filled with music. Contact Sue at 336-8626 with any questions.

Singing at Burcham Hills — We will be singing at Burcham Hills on Sunday, February 8 and February 22, downstairs in the Whitehouse Room at 7:00 pm. Join us; we sing familiar songs and music is provided. It is a pleasant hour and the senior residents love our participation. It is a great opportunity to feel good about helping others. For more information, contact our music coordinator, Diane West, at westdance@att.net or 810-687-7007.

Walking the River Trail — Join us every Monday and Wednesday at 410 South Cedar, Lansing, 6:15 pm, for a walk on the River Trail. We walk four miles, to Potter Park Zoo and back. You get beneficial exercise and it may help you shed a few of those holiday pounds. Yes, it is dark outside but you won't be alone and there is plenty of light to see the path. Put on your walking shoes and get out there with us, laugh with us, and enjoy the outdoors. Call Joanne Creede at 285-4795 or Bonnie Mernitz at 449-6368 with any questions.

Movie Matinee — Do you enjoy watching the latest movie release? Join an informal group to see all the newest shows on Thursday afternoons at NCG Theatre, Eastwood Towne Center. Joanne Creede will send out an email on Friday (sometimes later) listing the movies and the time, *usually* the last showing prior to 6:00 p.m. Vote for your choice via email and Joanne will send out an email on Wednesday stating the movie choice and the time. Sometimes we go out for a meal after the movie.

The cost of the movie is \$5; everything else is optional. Contact Joanne at kayjoe@comcast.net to get on the email listing. If you don't have email, you can still attend the movies with us. Call Joanne after 8:00 pm on Wednesday at 285-4795 or 887-0441 to find out the selected movie and viewing time.

Jug & Mug Book Club -- The Jug & Mug Book Club is a friendly group that gets together every 6 weeks or so to discuss the book we chose at the previous meeting. Our current book is *The Evolution of Calpurnia Tate* by Jacqueline Kelly.

In this novel, set in Texas in 1899, boys don't make pies and girls don't work in fields. Calpurnia (the only girl of seven siblings) is interested in science not cooking and sewing. She would much rather spend her time exploring the river with her grandfather, a naturalist and a loner, who has given her a copy of *The Origin of the Species*. The results are humorous when Callie's mother attempts to prepare her for her place in society by giving her cooking and knitting lessons in contrast to her natural tendencies to be outside studying grasshoppers and other phenomena of nature. Will Callie ever learn those hideous domestic skills in time for her debut? Is the plant that she and her grandfather discovered actually a new species? Fascinating epigraphs from Darwin's opus at the beginning of each chapter cap off the story line.

We have not chosen the date or time for our next meeting. If you are interested in joining our group, please contact Helen Ross at 332-5595 or hall_family@hotmail.com.

Social Tennis — Social tennis is on hiatus on Wednesdays because of scheduling conflicts at the MSU Tennis Facility. The facility is on Mt. Hope just west of Harrison.

If you want to play tennis indoors, the email list is the contact point. If you wish to be on the email list, contact Oren Christmas at christmaso@comcast.net or Rich Rybicki at richrybick@yahoo.com.

Until the schedule is resolved, ad-hoc tennis groups may get together for some tennis playing. Make a reservation and make contact via the email list. Stay tuned as we work through this setback.

There is also a Meet Up Group that plays tennis on Monday evenings at the MSU courts.

FEBRUARY 2015

SUN	MON	TUE	WED	THU	FRI	SAT
1 Super Bowl Party	2 River Walk	3	4 River Walk Tennis	5 Movie Matinee	6 TGIF, <i>Art's Bar</i>	7
8 Burcham Hills	9 River Walk	10 Council Meeting	11 River Walk Tennis	12 Movie Matinee	13 Spartan Hockey TGIF, <i>Art's Bar</i>	14 Valentines Day
15 Cross Country Skiing	16 River Walk President's Day	17 General Meeting	18 River Walk Tennis	19 Movie Matinee	20 TGIF, <i>Art's Bar</i>	21 Purple Rose Craft Beer Tasting
22 Burcham Hills Chili Festival	23 River Walk	24 Sing A Long	25 River Walk Tennis	26 Movie Matinee	27 TGIF, <i>Art's Bar</i>	28 Dinner & a Movie

March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 River Walk	3	4 River Walk Tennis	5 Movie Matinee	6 TGIF, Tony M's Cedar Bend	7 Cedar Bend
8 Cedar Bend Burcham Hills	9 River Walk	10 Council Meeting	11 River Walk Tennis	12 Movie Matinee	13 TGIF, Tony M's	14
15	16 River Walk	17 General Meeting St. Patrick's Day	18 River Walk Tennis	19 Movie Matinee	20 TGIF, Tony M's	21 Zodiac Party
22 Burcham Hills	23 River Walk	24 Sing A Long	25 River Walk Tennis	26 Movie Matinee Red Wings Hockey	27 TGIF, Tony M's	28 Dinner & a Movie
29	30 River Walk	31				

Upcoming Activities, continued

(Continued from page 1)

LCA CRAFT BEER TASTING PARTY,

FEBRUARY 21 Join us at 7 pm for a craft beer party with hors d'oeuvres at the Columbus Hall, 5300 North Grand River, west of Waverly. There will be nine different beer samples available. Learn a bit about beer and explode your taste buds. The cost is \$20. Tickets are limited so see Rich Rybicki ASAP for your chance for this unique event. Rich's contact information is on page 2 and below.

ANNUAL CHILI FESTIVAL AND NASCAR,

FEBRUARY 22 The Annual Chili Festival at the Columbus Hall, 5300 North Grand River, west of Waverly. This event coincides with the Daytona 500, the first NASCAR race of the year and the unofficial start of summer. Come down at 1:00 pm for hot cars and hot chili. For only \$5, sample all the chili you can handle. As a special bonus, bring in a crockpot of your champion chili and eat for free. Rich Rybicki is the chair for this event; contact him at 663-1854.

DINNER AND A MOVIE, FEBRUARY 28

The Jug & Mug Ski Club invites you to an evening of good food, good company and good entertainment. Let's meet at Red Lobster in Frandor at 6:30 pm for a good meal, scan the interesting movies. We will vote for a movie at dinner and go to the one with the most votes, or we can split up and see more than one movie.

We will be meeting for dinner and a movie once a month; below are some of the dinner locations. These are not cast in stone, so if something or somewhere more interesting comes up, we can try a different venue. Please contact Bilky Joda-Miller if you would like to be on the list for the February dinner & movie by Thursday the 26th to make sure we have enough seating for everyone at dinner. Call Bilky at 256-6596 or email bilkyj@yahoo.com.

February 28.....	Red Lobster
March 28	Houlihan's
April 18	Buddie's
May 23	La Seniorita
June 13	Old Dinner Train/Murder Mystery Theater
July 28-August 2.....	Traverse City Film Festival
September	Greek Town/Detroit Institute of Art

CEDAR BEND, MARCH 6-8 Join us for a fun-filled weekend in a lovely rustic lodge in Mancelona at Cedar Bend Farms. Enjoy

cross-country skiing, snow-shoeing and tubing on the property (free equipment available on site), or at Cedar River by Schuss/Shanty Creek resort, and downhill skiing at Schuss/Shanty Creek, Boyne Mountain, or Boyne Highlands, all within a 20 minute drive. Casinos are also nearby. The trip will include two nights of lodging, Friday night welcome party, Saturday breakfast, lunch & dinner, and Sunday breakfast. This is a very fun and relaxing weekend and you don't even have to ski. Bring board games, music, books, or anything relaxing you can think of. The cost is \$65.00 for members and \$75.00 for non-members.

The last date to sign up is at the February 17 General Meeting. You can also mail a check (made out to Jug & Mug Ski Club) to Helen Ross, 1401 Somerset Close, East Lansing MI 48823. Reserve your spot now by contacting Helen at 203-997-2275 or hall_family@hotmail.com.

ZODIAC PARTY, MARCH 21 You are invited to the home of Sharon Gaier, 5915 Patriots Way, East Lansing, 48823, anytime after 6:00 pm. We will celebrate St. Patrick's Day with an Irish "Potato Party." Please bring an unbaked potato, your own beverage, and a dish to pass for a fun evening of Irish music, cards and games. Call 316-6525 or 333-2624 with any questions. Remember a dollar for the kitty.

RED WING HOCKEY, MARCH 26 Join us to watch the Detroit Red Wings play the San Jose Sharks on this Thursday. The cost of the bus ride to and from the game and the ticket is only \$69. Contact Kurt Mertins at 886-4061 or kmer-tins@hotmail.com to reserve your spot, or sign up at the February 17 General Meeting. Checks should be made out to Jug & Mug and mailed to Kurt at 4641 Gull Road #61, Lansing MI 48917.

ALASKAN CRUISE 2016 Have you ever thought you might want to go to Alaska? We are checking to see what kind of interest there is within the club to schedule a cruise to Alaska. The time frame being considered is between May and July of 2016. If you have any interest, please contact Bilky Joda-Miller and let her know so she can determine if there is enough interest to organize a group trip. Showing interest does not mean a commitment but we are looking for strong interest, not just a passing fancy. Please email Bilky at bilkyj@yahoo.com.

Past Activities

NEW YEAR'S DAY BRUNCH, JAN. 1

About 30 Jug & Muggers turned up bright and cheerful for a New Year's Day Brunch. We munched away on ham, fruit, cookies, Rich's home-made sausage and my breakfast casseroles. Champagne for mimosas was plentiful. Besides sitting by the fire and chit-chatting, we played cards, watched the Rose Bowl parade, and then it was time for the Cotton Bowl. MSU trailed for most of the game, but eventually won in a thrilling 4th quarter. I hope to do it again next year.

Helen Ross

DINNER & A MOVIE, JANUARY 10

There was excellent attendance at Champ's for dinner. A free ticket was won by Dorothy to see the movie of her choice. After some great food, we broke up to see at least three different movies at NCG Cinema.

Bilky Joda-Miller will be hosting future events with plans to hold a monthly experience through the summer. Hope to see you all there.

Joanne Creede

CROSS COUNTRY SKIING, JANUARY 18

Due to freezing rain, the cross country skiing was cancelled at Burchfield Park on January 18th. Don Theis and I hooked up at Buddies at 4 o'clock. I will watch the weather and perhaps do a spontaneous Saturday cross country ski excursion. Make sure you are on the Yahoo Group List for notification (see below). Plan to join us on February 15.

Mary Stephens

INSTRUCTIONAL AT SCHUSS MOUNTAIN RESORT, JANUARY 23-25

Fourteen members and guests spent the weekend at Schuss Mountain Resorts. We began arriving Friday afternoon for some time on the hills followed by the welcome party. We had vegetable soup and ham sandwiches along with some great desserts. The party was then moved to Ivan's Pub to listen to the Kayte Wilson Band.

Saturday after breakfast (included in the package) we met for our on-hill instructions. We were divided into groups based on abilities and honed our ski skills. Late afternoon was spent relaxing while watching a bit of basketball and dueling pianos back at Ivan's.

The banquet dinner was Saturday night at the Summit Hotel. The rare prime rib and baked herb chicken were fabulous along with sides and desserts. This was followed by the customary door prize raffle. While we did not win the skis or season pass, we did secure some minor prizes and everyone received a t-shirt. The banquet was followed by more entertainment at the Summit Hotel where we partied with the T-Birds Ski Club.

Sunday dawned cold (7° F) and clear. The sun warmed everyone and another great ski day commenced. With more lessons and perfect conditions, it was hard to leave the resort. As we said our goodbyes and loaded the vehicles (never did find the bellhop), we drove home in fading sunshine reflecting on the great weekend of skiing and camaraderie.

Join us next year as we continue the fine tradition of the Instructional Weekend at Schuss Mt. Resorts.

Rich Rybicki

Jug & Mug Communications

Your club has multiple of ways to communicate with you. This newsletter is one, of course. The club maintains a web site and also a Facebook page. For immediate notice, we have a **Yahoo Group List**. You must request access to that list. Contact Joanne Creede at kayjoe@comcast.net. Your email address will not be sold or otherwise distributed.

Lost

Jan Murgittroyd has misplaced her Australian hat and suspects she left it at a Jug & Mug event. If you have found a hat, remember where it may be, or need more information, please call Jan at 989-466-2703.

Jug & Mug February Birthdays

2/11	Tom Beckner
2/13	Joyce Hensley
2/28	John Campbell

Free birthday deals: Check it out!
<http://dealseekingmom.com/birthday-freebies-clubs-specials/>

February 2015 Singles DanceSports

Author ~ Carolyn Tody 402-3224 or carley1t@sbcglobal.net

Ballroom, Swing, and Nightclub

Strictly For Fun Dance ~ 1st Saturday, February 7, at Michigan Athletic Club. 6-9 pm. \$13. Info: Dance Lansing,

strictlyforfun.ballroom@gmail.com or

mary.elaine.benjamin@gmail.com.

Tomliandance.com ~ 2nd Saturday, February 14 ~ New Location: South Lansing Christian Church, 6300 South Aurelius ~ 7pm Lesson \$5, Dance 8-11 pm. \$12. Info: (517) 655-3611, tomliandance.com.

USA Monthly Ballroom & Swing Dance ~ 4th Saturday, February 28, at Central United Methodist Church. Lesson 7, Dance -10 pm. \$15. Info: usadance2037.org.

Great Lakes Swing Association ~ Wednesdays at Rollhaven of Flushing east of Flint, 3464 Ann Drive off Pierson Road - t of I-75 just east of Elms Road. Lesson 6 pm, Dance 7-10. Nightly rate & membership \$30. Info/map: <http://www.glsdc.org/>.

Lansing Eagles Capitol Area Sunday Swing ~ Most Sundays ~ Eagles Club, 4700 North Grand River, west of the Airport. Opens 5:45 for 6 pm lessons, dance from 7-10 pm. Admission \$8 or \$10 with lesson. *Dances are subject to occasional cancellation.* Info: Mike (517) 490-7838, or Joann (810) 691-2719.

Freestyle & Ballroom

Singles TGIF Nite Life ~ Fridays at 7:30 pm on February 6, 13 (Valentine's Party), 20, and 27, Dance 8 pm-12 with Hors d'oeuvres at 8:30. Admission \$13. Details: <http://singlestgif.com>.

Greenville Singles Dance ~ Most Fridays, 7 pm-12 Greenville American Legion, Casual dress, admission \$7.

Howell Shark Club ~ Confirm ~ 'Plenty of Fish' Singles Dances, 1140 South Michigan Avenue, south of downtown Howell, 8-1:30 am. Info: (517) 640-0300 www.sharkclubhowell.com/entertainment.

Country

Ten Pound Fiddle Contra & Square Dance ~ Saturday, February 7. Workshop 6:30pm, Dance 7-10 pm. Admission \$10. <http://TenPoundFiddle.org>.

Looking Glass Music & Arts ~ 3rd Saturday, February 21. Beginner Workshop 6:30, Dance 7-10 pm. Central United Methodist Church. Admission \$10. More Info: <http://lgmaa.org/>.

Lessons

Parkwood YMCA ~ Register: (517) 827-9680.

Michigan Athletic Club ~ Register: Concierge 364-8800.

Lansing Parks & Recreation ~ Info: 483-4277 or www.lansingmi.gov/parks/actprog/dance_classes.jsp.

Dewitt YMCA ~ Lessons at 13161 Schavey Road, DeWitt. Registration: (517) 827-9660.

Lansing Eagles Club ~ Lessons precede Sunday dance. Info: Mike (517) 490-7838.

Further Information on dance venues:

Dancing in Lansing ~ <https://www.facebook.com/groups/140480982080/>.

Dancing In Ann Arbor ~ <https://www.facebook.com/groups/139176727753582/>.

Dancing in Flint ~ American Dance Center ~ Info: <http://www.danceaway.com/>.

New York City & Nashville Bus Trips

The Somerset Singles Ski Club is sponsoring a six-day trip to New York City and a seven-day trip to Nashville. Based on double occupancy, NYC cost is \$626 and Nashville \$679. (For the NYC trip, you will be staying in New Jersey and riding the bus into the city.) Because both Jug & Mug and Somerset Singles Ski Clubs are members of MDSC, our membership can participate and qualify for membership pricing.

Your trip chair Mary Ann Spisak is glad to accommodate any of our members wanting to go. Contact her at 586-530-6936 or mary.spisak@yahoo.com for reservations or information. A deposit of \$75 is due at sign up. Checks are to be made out to Diamond Tours. Send payment to Mary at 175 East Nawakwa Drive, Rochester Hills, MI 48307. Include Jug&Mug and your contact information with payment.

Trip details, brochure and videos can be found at

www.GroupTrips.com/MHL. Be sure to review the on-line information for payment deadlines, departure and more. Several members have shown an interest in going, so let's have some fun together.

Condensed from the National Ski Club Newsletter, by Tere Mayne, Past President, Texas Ski Council, from the TSC Newsletter

Volunteerism: What's in it for me?

In the words of Jim Gibbons, President and CEO of Goodwill Industries International, "I bet you get back more than you feel you ever gave. Volunteerism is as much for the volunteer as it is for the recipient of the volunteer service." By getting involved volunteers can experience measurable health and social benefits as well as provide a greater sense of self-worth, trust and lots of fun.

One benefit of volunteering is that it will connect you to other people. Volunteering allows you to connect to your club and make it better for you and for others. Dedicating our time as a volunteer helps you make new friends, expand your network, and boost your social skills.

Another advantage to volunteering is it provides many benefits to both mental and physical health; it's good for your mind and body. Getting involved in your ski club can provide a healthy boost to your self-confidence, self-esteem and life satisfaction. Volunteering for the club is good for your health at any age, but especially as we age. Studies have found that those who volunteer have a lower mortality rate than those who do not, even when considering factors like the health of the participants.

But in my opinion, I feel the best reason of all to get involved within your club is because it's fun. Yes, there is work that goes along with that fun, but I wouldn't trade my time I have spent working on the council board for any amount of money. I personally have learned new skills, made friends all over, traveled around checking destinations and had so much fun doing it all that I'm surprised someone didn't make me pay for it. Oh, I guess I did pay for it with my time. But I got so much more back than what I put in – and so will you.

So the next time someone asks you to serve on the board of your club, say YES. I guarantee that you will get more out of the job than you ever put into it and have fun at the same time. Try it; you're going to like it.

Jug & Mug Ski Club
P.O. Box 13153
Lansing, Michigan 48901

Hotline: 517-342-9955
Web site: jugandmug.org
<http://www.facebook.com/Jug-Mug-Ski-Club/>

Upcoming Events

February 1	Super Bowl Party
February 13	Spartan Hockey, Munn Arena
February 15	Cross Country Ski
February 21	Purple Rose Theatre
February 21	LCA Craft Beer Tasting
February 22	Chili Festival & NASCAR
February 28	Dinner and a Movie
March 6-8	Cedar Bend
March 21	Zodiac Party
March 26	Red Wing Hockey
March 28	Dinner and a Movie
June 28	President's Picnic
Spring 2016	Alaskan Cruise

Join us for the General Meeting at
Trippers
See Page 1 for details

Metropolitan Detroit Ski & Snowboard Club

YOUR JUG & MUG MEMBERSHIP
ENTITLES YOU TO THE BENEFITS OF
MDSC AND OTHER SKI/SOCIAL CLUBS.

THE WEB SITE
(WWW.MDSCSKI.ORG) LISTS CURRENT
EVENTS AND

AFFILIATED CLUBS.
CALL OUR MDSC
REPRESENTATIVE,

TERI MILLER, AT
517-699-2969 FOR
MORE INFORMATION.

